## O OPTICAL

How to get your rules


Print this page without scaling, at $100 \%$ or fit setting

Double check the scale, by placing your credit card in the below area

Fold the ruler along the dotted line


## Your measurements

| PD | First <br> measurement | Second <br> measurement | Third <br> measurement |
| :---: | :---: | :---: | :---: |
| Right Eye (OD) |  |  |  |
| Left Eye (OS) |  |  |  |



